



## Review of Svstems

Please indicate if you have never experienced (=N), previously experienced (=P), or are currently experiencing (=C) any of the following symptoms:

### GENERAL

- Allergies
- Chills
- Convulsions
- Dizziness
- Fainting
- Fatigue
- Headache
- Loss of sleep
- Weight loss
- Weight gain
- Nervousness
- Depression
- Nerve pain/changes in sensation
- Sweats
- Tremors
- Swelling

### DIGESTIVE

- Belching
- Colitis
- Constipation
- Diarrhea
- Bloody stools
- Bloating
- Abdominal pain
- Excessive gas
- Heart burn
- Hemorrhoids
- Vomiting
- Nausea
- Poor appetite
- Excessive hunger

### CARDIOVASCULAR

- High blood pressure
- Low blood pressure
- High cholesterol
- Chest pain
- Poor circulation
- Rapid heart beat

### RESPIRATORY

- Difficulty breathing/shortness of breath
- Pain on breathing
- Chronic cough
- Wheezing
- Asthma
- Spitting up blood
- Excessive phlegm

### MUSCLES & JOINTS

- Arthritis
- Bursitis
- Low back pain
- Neck pain/stiffness
- Shoulder pain
- Knee pain

### EYES, EARS, NOSE, THROAT

- Frequent colds/flu
- Dental decay
- Ear discharge
- Ear pain
- Ringing in the ears
- Hearing difficulty
- Enlarged glands
- Enlarged thyroid
- Voice change
- Eye pain
- Eyesight changes
- Sinus infection
- Tonsillitis

### SKIN

- Easy bruising
- Dryness
- Rash
- Itching
- Varicose veins

### URINARY

- Bed-wetting
- Blood in urine
- Frequent urination
- Frequent urination at night

- Painful urination
- Urinary hesitancy

### FEMALE

- Menstrual cramps
- Heavy menstrual flow
- Irregular menstrual flow
- Spotting
- Lumps in breast
- Breast pain/tenderness
- Vaginal discharge
- Sexual difficulty
- Pain during intercourse
- Birth control use
- Hot flashes
- Pregnancy,
  - # of \_\_\_ pregnancies
  - # of \_\_\_ births
  - # of \_\_\_ children

### MALE

- Testicular pain
- Testicular masses
- Sexual difficulty